Rick Boden was a massage therapist, educator and Massage Envy franchisee who believed self-care to be the foundation for long-term success in a profession that can be physically demanding. This belief led him to develop Massage Envy’s Self-Care Commitment, which launched in the Massage Envy franchise network in 2017. Soon after, in collaboration with AMTA, Rick pushed to make the Self-Care Commitment available to all massage therapists and massage therapy students free of charge.

AMTA is proud to announce the Rick Boden Healer at Heart Scholarship, in partnership with Massage Envy, to honor Rick’s dedication to self-care.

**How to apply:** To be eligible, you must currently be enrolled, or admitted, in a 500-hour minimum entry level massage therapy program at the time you apply for the scholarship.

**Scan and email a paper application to:**

scholarships@amtamassage.org or mail to AMTA, 500 Davis Street STE 900, Evanston IL 60201.

First Name: _______________________________________  Last Name: _______________________________________

Address: __________________________________________________________________________________________

Phone: _______________________________________  Email: ________________________________________________

School Name: ___________________________________________  Anticipated Graduation Date: _______________

School Address: ______________________________________________________________________________________

How do you plan to incorporate self-care into your massage therapy practice and how will this help you promote the health of others? __________________________________________________________________________________

____________________________________________________________________________________________________

____________________________________________________________________________________________________

____________________________________________________________________________________________________

____________________________________________________________________________________________________

To apply online visit: amtamassage.org/studentscholarship

**Questions?** Contact scholarships@amtamassage.org or call 877.905.2700

Applications are due by May 31, 2019