HEALER ♥ AT HEART®

Rick Boden was a massage therapist, educator and Massage Envy franchisee who believed self-care to be the foundation for long-term success in a profession that can be physically demanding. This belief led him to develop The Massage Envy brand's Self-Care Commitment, which launched in the Massage Envy franchise network in 2017. Soon after, in collaboration with AMTA, Rick pushed to make the Self-Care Commitment available to all massage therapists and massage therapy students free of charge. AMTA is proud to continue the **Rick Boden Healer at Heart Scholarship®**. Scholarship funded, in part, by Massage Envy.

How to apply: To be eligible, you must currently be enrolled, or admitted, in a 500-hour minimum entry level massage therapy program at the time you apply for the scholarship.

Scan and email a paper application to: scholarships@amtamassage.org or mail to **AMTA, 500 Davis St, STE 900, Evanston IL 60201.**

First Name: _____   Last Name: _____

Address: _____

Phone: _____   Email: _____

School Name: _____   Anticipated Graduation Date: _____

School Address: _____

How do you plan to incorporate self-care into your massage therapy practice and how will this help you promote the health of others? _____

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To apply online visit: www.amtamassage.org/scholarships
Questions? Contact **scholarships@amtamassage.org** or call **877.905.2700**

amta — american massage therapy association®

ME — Massage Envy®

Applications are due by November 30, 2025