

# HEALER AT HEART™



Rick Boden was a massage therapist, educator and Massage Envy franchisee who believed self-care to be the foundation for long-term success in a profession that can be physically demanding. This belief led him to develop Massage Envy's Self-Care Commitment, which launched in the Massage Envy franchise network in 2017. Soon after, in collaboration with AMTA, Rick pushed to make the Self-Care Commitment available to all massage therapists and massage therapy students free of charge.

AMTA is proud to continue the **\$10,000 Rick Boden Healer at Heart Scholarship™**, in partnership with Massage Envy, to honor Rick's dedication to self-care.

**How to apply:** To be eligible, you must currently be enrolled, or admitted, in a 500-hour minimum entry level massage therapy program at the time you apply for the scholarship.

**Scan and email a paper application to:** [scholarships@amtamassage.org](mailto:scholarships@amtamassage.org) or mail to **AMTA, 500 Davis St, STE 900, Evanston IL 60201.**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

School Name: \_\_\_\_\_ Anticipated Graduation Date: \_\_\_\_\_

School Address: \_\_\_\_\_

How do you plan to incorporate self-care into your massage therapy practice and how will this help you promote the health of others? \_\_\_\_\_

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**To apply online visit:** [www.amtamassage.org/scholarships](http://www.amtamassage.org/scholarships)

**Questions?** Contact [scholarships@amtamassage.org](mailto:scholarships@amtamassage.org) or call 877.905.2700

**Applications are due by November 30, 2023**



## amta studentscholarship