Rick Boden was a massage therapist, educator and Massage Envy franchisee who believed self-care to be the foundation for long-term success in a profession that can be physically demanding. This belief led him to develop Massage Envy’s Self-Care Commitment, which launched in the Massage Envy franchise network in 2017. Soon after, in collaboration with AMTA, Rick pushed to make the Self-Care Commitment available to all massage therapists and massage therapy students free of charge.

AMTA is proud to continue the $10,000 Rick Boden Healer at Heart Scholarship™, in partnership with Massage Envy, to honor Rick’s dedication to self-care.

How to apply: To be eligible, you must currently be enrolled, or admitted, in a 500-hour minimum entry level massage therapy program at the time you apply for the scholarship.

Scan and email a paper application to: scholarships@amtamassage.org or mail to AMTA, 500 Davis St, STE 900, Evanston IL 60201.

First Name: ___________________________________________ Last Name: ___________________________________________
Address: _____________________________________________________________________________________________
Phone: _________________________________________ Email: _________________________________________________
School Name: ___________________________________________ Anticipated Graduation Date: ________________
School Address: ______________________________________________________________________________________

How do you plan to incorporate self-care into your massage therapy practice and how will this help you promote the health of others?
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To apply online visit: www.amtamassage.org/scholarships
Questions? Contact scholarships@amtamassage.org or call 877.905.2700

Applications are due by November 30, 2023