

Give Chapters a Hand: Awards of Excellence **Minnesota Chapter**

PART 2: EXCELLENCE AND INNOVATION IN PROGRAMMATIC AREAS

The MN Chapter Sports Massage team has been around since 1992 and is comprised of professional therapists who volunteer their time and talent to work at various sporting events throughout the state of Minnesota.

On average there are eight events over the course of the season with approximately 20 therapists coming forward to make the season a success.

PART 3: OUTSTANDING SERVICE TO MEMBERS:

Over the past 17 years we have aided athletes at events ranging from marathons to long distance bike rides and triathlons.

The mission of our sports massage team is one of education. Educating athletes to the importance of massage not only as an element of training, but as an on going component of daily life.

As the director of the team since 2005, it has been rewarding to talk with and see first hand the impact our therapists have made in the community. Race Directors and athletes alike are eager to have us at their events. The racing community can be small and when you work a range of events for as many years as we have, faces become familiar as athletes continue to return to our tables and share their race as well as life experiences.

At many events we charge a minimal fee for our services, with ten percent returned to the hosting organization/charity and an additional ten percent donated to a charity of the teams choosing. Over the years we have donated to Second Harvest Food Bank and Shriner's Hospital.

WEBSITE ADDRESS: <http://www.amtamn.org>

NEWSLETTER ADDRESS: