

This is a sample SOAP form that [Steiner Leisure](#) uses in their student clinic.

Public Massage Clinic Session Notes (SOAP)

Client Name: _____ Date: ___ / ___ / ___ DOI: ___ / ___ / ___

Current Meds: _____

S (Subjective – Patient/client provided information/concerns)

Today's Focus:
Symptoms: Location/Intensity/Frequency/Duration/Onset

Activities of Daily Living: Aggravating/Relieving

O (Objective – Practitioner findings)

Findings: Visual/Palpable/Test Results

Modalities: Applications/Locations

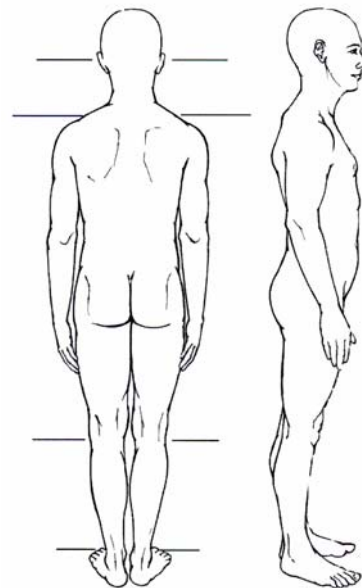
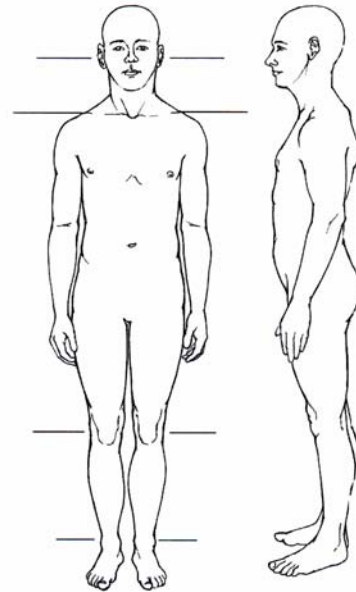
A (Assessment – Changes due to massage)

Functional Outcomes/Limitations:

Goals: Long-term/Short-term

P (Plan – Treatment plan)

Future Treatment/Frequency



Practitioner's Signature _____ Practitioner's Name _____

- Legend:**
- | | | | | | |
|-------|-------|--------|--------|---------|--------|
| ⊙ TP | ● TeP | ○ Pain | * Infl | ≡ HT | ≈ SP |
| ✕ Adh | ≧ Num | ↻ rot | / elev | ↔ Short | ↔ Long |